



Amtrak's Vermont Schedule, June 21, 2026

(This timetable, created by non-Amtrak volunteers, is not an official Amtrak or Vermont Agency of Transportation document. Neither agency is responsible for any errors contained herein. Verify times at booking.)

Note: 3 locations serve Burlington: Train Station; Transit Center; Essex Junction. 2 locations serve Middlebury: Train Station and Bus Stop. 2 locations serve Rutland: Train Station and Transit Center. Check all locations before booking.

Vermont Southbound Daily To NYC (Read Down)		Stations + Codes	Vermont Northbound Daily From NYC (Read Up)	
Mo-Fr, #55	Sa-Su-Hol, #57		Mo-Fr, #56	Sa-Su-Hol, #54
9:15a (Dp)	9:15a (Dp)	St Albans, VT (SAB)	8:50p (Ar)	8:50p (Ar)
9:44a (Ar)	9:44a (Ar)	Essex Junction, VT (ESX)	8:18p	8:18p
10:10a	10:10a	Waterbury-Stowe, VT (WAB)	7:50p	7:50p
10:25a	10:25a	Montpelier-Berlin (MPR)	7:34p	7:34p
10:59a	10:59a	Randolph, VT (RPH)	6:56p	6:56p
11:37a	11:35a	White River Junction, VT (WRJ)	6:15p	6:15p
11:56a	11:56a	Windsor-Mt Ascutney, VT (WNM)	5:56p	5:56p
12:06p	12:06p	Claremont, NH (CLA)	5:47p	5:47p
12:30p	12:30p	Bellows Falls, VT (BLF)	5:26p	5:26p
12:59p	1:02p	Brattleboro, VT (BRA)	4:56p	4:53p
1:36p	1:36p	Greenfield, MA (GFD)	4:22p	4:22p
2:01p	2:01p	Northampton, MA (NHT)	3:57p	3:57p
2:16p	2:16p	Holyoke, MA (HLK)	3:41p (Ar)	3:41p (Ar)
2:35p (Ar) 2:50p (Dp)	2:35p (Ar) 2:45p (Dp)	Springfield, MA (SPG)	3:15p (Dp) 3:01p (Ar)	3:15p (Dp) 2:55p (Ar)
3:10p (Ar)	3:07p (Ar)	Windsor Locks, CT (WNL)	2:28p	2:22p
3:25p	3:19p	Hartford, CT (HFD)	2:14p	2:08p
3:49p	3:43p	Meriden, CT (MDN)	1:56p (Ar)	1:50p (Ar)
4:08p (Ar) 4:31p (Dp)	4:09p (Ar) 4:34p (Dp)	New Haven, CT (NHV)	1:36p (Dp) 1:11p (Ar)	1:30p (Dp) 1:15p (Ar)
4:52p (Ar)	4:55p (Ar)	Bridgeport, CT (BRP)	12:45p	12:49p
5:19p	5:23p	Stamford, CT (STM)	12:16p (Ar)	12:19p (Ar)
6:11p (Ar) 6:45p (Dp)	6:25p (Ar) 7:01p (Dp)	New York City, NY (NYP) (Link to FL trains)	11:33a (Dp) 11:21a (Ar)	11:20a (Dp) 10:45a (Ar)
7:02p (Ar)	7:17p (Ar)	Newark Penn Station, NJ (NWK)	11:01a	10:25a
	7:33p	Metropark, NJ (MET)		10:09a
7:36p	7:55p	Trenton, NJ (TRE)	10:26a (Ar)	9:48a (Ar)
8:07p (Ar) 8:11p (Dp)	8:23p (Ar) 8:26p (Dp)	Philadelphia, PA (PHL)	10:01a (Dp) 9:58a (Ar)	9:20a (Dp) 9:17a (Ar)
8:34p (Ar)	8:50p (Ar)	Wilmington, DE (WIL)	9:34a	8:56a
9:20p	9:43p	Baltimore, MD (BAL)	8:46a	8:08a
9:36p	9:57p	BWI Airport, MD (BWI)	8:31a	7:53a
9:52p	10:11p	New Carrollton, MD (NCR)	8:17a (Ar)	7:38a (Ar)
10:06p (Ar)	10:32p (Ar)	Washington, DC (WAS)	8:08a (Dp)	7:28a (Dp)